

ST. MICHAELS CARY – SISTER PARISH – HONDURAS

Spiritual Program



SPIRITUAL COMMITTEE ACCOMPLISHMENTS

Since 2001, Saint Michael's Sister Parish Committee has worked closely with our Sister Parish in Nueva Palestina (Our Lady of Suyapa Catholic Church) to support the growth of Catholic teachings and the spiritual life of our brothers and sisters in Honduras.

Given the vast geographic size of the parish community, it remains difficult for Padre to visit all of the distant villages regularly. There are over 100 remote villages in the parish, and Padre may only be able to visit each one once per year. To assist him, each village has identified a "Delegado" or Delegate of the Word. There are currently over 100 Delegados across the parish.

The Delegados gather six times a year in Nueva Palestina for spiritual retreats, where they receive training, formation, and the Eucharist to bring back to their villages. Saint Michael's has long supported these efforts by helping build a Community Center and Chapel in Nueva Palestina, where the Delegados can stay, learn, and worship together. Additionally, we continue to provide educational materials, Bibles, rosary beads, and speakers for these retreats.





NEW CHURCH

As the parish continues to grow, the main church in Nueva Palestina remains a central place of worship and community life. Thanks to the generosity of Saint Michael's, we helped build a new church that now seats over 800 parishioners. Over the years, many Saint Michael's parishioners have had the opportunity to attend Mass here and share the Eucharist with the community.

In 2024, additional improvements have been made to enhance the church, including upgrades to seating and sound systems to better serve the growing congregation.



ASSISTANCE FROM THE FRANCISCAN SISTERS

Padre is assisted by three Franciscan Sisters from Guatemala, who provide spiritual education and outreach for the community. The Sisters teach the children, serve the poor, and assist in organizing retreats for the Delegados.

When delegations from Saint Michael's visit the Sister Parish, female delegates stay at the Convent as guests of the Franciscan Sisters. The old Convent, which previously had mold issues, was remodeled with the help of Saint Michael's support.

In 2024, the Sisters have expanded their work by launching a new initiative focused on catechist formation, training local leaders to provide faith formation in more villages.



SPIRITUAL COMMITTEE PROJECTS

After assisting with the rebuilding of the church, the community center, and the convent, our focus is now on the ongoing spiritual and Catholic education of the people in the parish.

- **Annual Budget:** We continue to provide an annual budget to support the purchase of educational materials, such as Spanish Bibles, rosary beads, prayer books, and other teaching resources for all parishioners.
- **Delegado Retreats:** We continue to support the retreats for the Delegados, helping them grow in faith and share their knowledge with their villages.
- **Adult and Children's Education:** The Franciscan Sisters have begun offering higher-level religious teachings for adults, as well as expanding their programs for children.
- **In 2024,** additional resources have been allocated to support new catechist training programs, ensuring that more communities have access to strong faith formation.

We have witnessed incredible spiritual growth in the parish of Our Lady of Suyapa. We remain committed to supporting Padre and the Franciscan Sisters as they continue their mission to bring faith, education, and hope to our Sister Parish.



TEACHING THE CHILDREN





SUPPORT THE SPIRITUAL GROWTH OF OUR SISTER PARISH

Your generous donations help continue the spiritual education and outreach efforts of Saint Michael's Sister Parish in Honduras. Contributions support retreats for the Delegados, the purchase of educational materials, and the ongoing work of the Franciscan Sisters in their mission to teach and serve the community.

♥ Sponsor a Child's Education – \$95

Provide school supplies, a uniform, and shoes for a child.

Add in memo: Sponsor number if known

[Click here to Donate.](#)

For more information or questions, email: sisterparish@stmccary.org.

Thank you for your continued support and for helping us make a difference in the lives of our brothers and sisters in Honduras.