

St. Michael – Cary | Sister Parish – Honduras
Providing Clean Water & Essential Healthcare

Clean Water Filtration Systems

Access to clean water is a critical challenge for rural communities in Nueva Palestina, Honduras, where waterborne illnesses pose major health risks. Thanks to dedicated partnerships and generous support, we are making a lasting difference.

Clean Water & Sanitation Projects:

- **59 latrines** constructed
- **305 Biosand water filters** were installed originally
- **100 Biosand filters** were installed in 2024, further improving access to clean drinking water for families in Nueva Palestina.

These Biosand water filters use gravity and natural filtration to remove pathogens and solids, providing safe drinking water for families. Built in Danlí, each 400-pound filter lasts over 20 years, ensuring a long-term solution while reducing theft risk.



Partnering for Change:

- St. Michael partnered with Rotary Clubs in District 7710 (Cary, Durham, Wake Forest, Holly Springs) to fund \$42,250 for latrines and filtration systems.
- Local community members assisted in constructing latrines, improving sanitation and hygiene for families.

Health Initiatives: Bringing Care to Those in Need

Essential Healthcare Support

St. Michael parishioners provide funding for a part-time doctor, nurse, and three health promoters who travel to remote villages to educate and treat families without access to healthcare.





Medical Impact:

- **98** village visits completed
- **2,550+** patients treated
- **Stocked and maintained** medical cabinets with essential medications
- **2,800+** patients were treated in 2024 through increased medical visits, and additional health promoters were added to support the growing need.

First Aid Kits: Lifesaving Essentials

Over the past five years, we have distributed 3,000 first aid kits, containing:

- Band-aids
- Toothpaste & Brushes
- Bar Soap
- Antibiotic Cream
- Pain Relievers

Medical Brigades: Reaching the Most Vulnerable

Volunteer doctors, nurses, and healthcare professionals from St. Michael's have participated in two medical brigades, providing free care to over 1,200 patients in Nueva Palestina and surrounding communities.

Services Provided:

- Medical check-ups & interventions
- Public health education
- Medication distribution





COVID-19 Relief: Protecting Healthcare Workers

In December 2020, St. Michael's sent \$7,000 worth of PPE to clinics in Nueva Palestina and hospitals in Juticalpa, helping protect frontline workers caring for COVID-19 patients.

PPE Included:

- **2,000** Disposable Face Masks
- **300** N-95 Respirators
- **500** Isolation Gowns
- **400** Face Shields

Building Better Living Conditions

Latrines for Better Sanitation

- Supervised by St. Michael health promoters, this project provided dignified, sanitary latrines for families in need.
- 112+ families received new roofs and concrete floors, protecting them from rain and mud, creating safer, healthier homes.

Before



After



Safe Homes: Roofs & Concrete Floors

We have helped **over 85 families** put roofs on their homes and concrete floors under their feet, keeping them dry during the rainy season and out of the mud. In 2024, **over 40 additional homes** received roofs and floors, providing shelter and security to families in need.

While we have made a significant impact, many families still live in extreme poverty, facing unsafe and unsanitary living conditions. Our goal is to continue expanding this effort, providing more families with the necessities for a safe and healthy home.

Before



Antes

After



Después



Get Involved

Your support helps provide **clean water, medical care, and essential supplies** to families in Honduras. Join us in making a difference!

💙 **Water Purification or Smokeless Cooktop – \$95**

Give a family access to clean water or a cooktop that reduces firewood use by 70%.

→ **Memo:** *For Water Purification or Smokeless Cooktop*

💙 **Latrine for Sanitation – \$500**

Provide a safe and sanitary latrine for multiple families.

→ **Memo:** *For Latrine*

[Click to Donate Here.](#)

✉ **Contact Luis Hernandez**

[Click Here to Email.](#)

Together, we can improve lives, restore dignity, and bring hope to our brothers and sisters in Nueva Palestina. Thank you for your support!





